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News Release

FROST Regina Returns for Olympic-Sized Fun in 2026! Enjoy Three FROSTY Weekends

The City of Regina and its Partners are excited to announce that FROST Regina will be returning for its fifth year, taking place the first three weekends of February.

FROST Regina is an inclusive and welcoming winter festival that provides opportunities for visitors and residents to celebrate Regina as a winter city. This year's festival introduces Olympic-themed activities at Mosaic Stadium where friends and families can cheer for Team Canada and celebrate the spirit of friendly competition.

"FROST is back and bigger than ever. Regina is turning up the winter magic with three weekends of Olympic-sized fun, frosty adventures and heartwarming memories," said Mayor Chad Bachynski. "Whether you're racing your friends at Mosaic Stadium, singing along to Frozen downtown, or sipping hot cocoa in Wascana Park, this city knows how to celebrate winter — and we can't wait to welcome everyone to the party."

"We are excited for FROST Regina 2026. We've added new partners and new activities so that as many people as possible can enjoy this winter festival," said Jennifer Johnson, Deputy City Manager of Communications, Service Regina & Tourism. "Additionally, almost every location has an outdoor and indoor component so that regardless of the weather, everyone can maximize their time having fun."

Many fan-favourite activities are returning including horse-drawn carriage rides, the Winter Hop Circuit brewery tour and skating under the lights at Victoria Park. The Globe Theatre will also add a touch of theatrical fun to downtown, while the Conexus Arts Centre hosts weekend brunch experiences in Wascana Centre.

Free and ticketed activities will be available throughout Regina Downtown, REAL District, Wascana Centre and the Warehouse District on February 6 to 8, 13 to 16 (including Family Day) and 20 to 22. Additional event details and a full schedule will be announced soon.

Visit FROSTRegina.com for the countdown and follow FROST Regina on Instagram on Facebook for sneak peeks of all the FROST fun.

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